



School coaches: Accessible help for parents and children

Questions about parenting, development and behaviour may arise in families and at school. Every child, every parent and every family is unique, reason parenting can be a special challenge. In addition, every parent and/or child encounters moments when they are not feeling well and/or do not know how to deal with certain situations. For those moments, a school coach is there to offer support to help parents and children quickly get back on their feet. Parents can submit questions to the teacher or internal counsellor and/or contact the school coach directly.

Get the right help quickly

School coaches will, together with those involved, look for suitable solutions to the questions and problems. Preventively by strengthening what parents, children/young people and teachers can do themselves, but also with concrete and direct help (advice, consultation, family support). The guideline is always to do what is necessary, but also to call in specialist help in a timely manner, if the problems are more serious.

Tasks of the school coach, in short

- Offer help with (family) problems.
- Guiding parents with parenting questions and problems.
- Guiding children with psychosocial problems (we do not lose sight of the parents).
- Supporting teachers in signalling care and translating this into an approach in collaboration with the internal counsellor and parent and child.
- Helps children and parents to come up with their own solutions in the current situation.
- Focus on safety, they can have conversations with parents and children about what is unsafe and how the power of the family can be used to improve the situation.
- Close cooperation with partners in the area.
- Can support and lead to get specialist help.
- A lot of knowledge and expertise in the field of trauma, attachment and safety.
- With frequently asked questions, the school coach can advise and inform the teacher in the background.