



Feeling at home takes
social relocation.

Proud partner of



Are you new to the NL?

This is your secret weapon.

Get your monthly membership to
the Orange Compass Navigation
Portal, a digital “Quick Start Guide”
to life in the Netherlands!

30-Day Money Back Guarantee



Every other newbie I met thought I was
super smart and capable, never aware that
I had a secret weapon in Orange Compass!
Thanks to them, I went from feeling lost
and isolated to feeling capable and know-
ledgeable enough to get my core tasks done
in the NL. And I made some great friends
along the way!

- Nosipho, from South Africa -



Get your
secret weapon here

Did you know? The #1 predictor of an expat employee's success
is the ability of the partner and family to adjust.*

* Frontiers in Psychology, 2022

Essential Firsts



TO-DO LIST

- ☐ BSN
- ☐ residency card
- ☐ DigID
- ☐ bank account
- ☐ bank card/pin
- ☐ health insurance
- ☐ Dutch sim card
- ☐ buy bike(s)
- ☐ Tikkie app
- ☐ optional insurance(s)
- ☐ find rental home
- ☐ re-register with Gemeente
- ☐ set up utilities
- ☐ set up internet
- ☐ register with a doctor
- ☐ save emergency #s in phone
- ☐ _____
- ☐ _____
- ☐ _____

EASY LINKS

TO APPLY
FOR A DIGID



TO LOCATE ATMS



DUTCH GOVERNMENT
WEBSITE IN ENGLISH



TO COMPARE
INSURANCE PLANS



TO COMPARE
INTERNET PROVIDERS



TO COMPARE
ENERGY PROVIDERS



TO GET
FREE LEGAL ADVICE



EMERGENCY NUMBERS

for life threatening emergencies **112**
for police (non-emergency) **0900-8844**

"The only thing more important than
your to-do list is your to-be list.
The only thing more important than your
to-be list is to be." -Alan Cohen



Navigation Portal - Guided Check-Ins
Webinars - In-Company Solutions

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What is social relocation?

Relocating to The Netherlands often comes with a variety of questions and challenges. And when the settling in process starts, even serial expats discover that there is so much to understand and to arrange they were unaware of. All the day-to-day, cultural, and social things you knew how to do quite well in your home or previous country, but might find yourself at a loss with in The Netherlands. At Orange Compass, we focus on these essential and ongoing tasks: your social relocation.

To help you start feeling at home, **Orange Compass** has developed our science-backed, people-based social relocation tools from real life expat and local experience.

With practical and cultural tools built from this unique 'Expat+Local' perspective, you will find it easier to regain the competency and confidence you need to reshape your life in the Netherlands.

What's more - all our services come with our Money Back Guarantee!



Get in touch to start your social relocation support today!

Did you know? 73% of expat employees relocate with a family who also need to find their way and feel at home in the Netherlands.*

Cheat Sheet



FOR FILLING OUT ENDLESS FORMS IN THE BEGINNING

voornaam	—	first name
achternaam	—	surname/family name
roepnaam	—	called name same as first name for most non-Dutch
geboortedatum	—	date of birth
geboorteplaats	—	place of birth
geslacht aanvrager	—	gender (optional or non-existent on most forms)
heer/man (M)	—	sir/male
mevrouw/vrouw (V)	—	madam/female
straat/huisnummer	—	street/house number
toevoeging	—	apartment/suite number
postcode	—	postal code (4 numbers followed by 2 letters)
datum aanvraag	—	date of application
volgende	—	next/continue
vorige	—	last/back
ja/nee	—	yes/no
gebruikersnaam	—	username
wachtwoord	—	password



Do you have a million questions about living in the Netherlands?

How can we help you?

1-Hour Lo-Call Support

Book focused problem solving sessions
for your specific needs!

1-Hour Career Coaching

Book 1-on-1 guidance from our
certified career coach!



Webinars

Introduction to Life in the Netherlands

Essential Firsts

Raising Kids in the Netherlands

School, Sports, Traditions, and Social Connections

Finding Work as an International

Networks, CVs, & Dutch Work Culture for Partners

Expat Emotions & the Brain

The Neuroscience behind Expat Stress

Save hours of research
time and simplify your
Dutch life. Join one of
our interactive webinars
or book a call today!



- Money Back Guarantee! -

Did you know? For expats, the NL only ranks 42nd in ease of settling in!
We'll help you with all your questions, even the ones you don't know you have yet.*

Emergency Contacts

for life threatening emergencies, call

112

for police (non-emergency)

0900-8844



AFTER HOURS URGENT CARE



AMSTERDAM

OLVG East: 020 599 9111
OLVG West: 020 510 8911
AMC VUmc: 020 599 9111

If you are in need of urgent medical advice before you have settled and/or registered with a GP, you may visit the **Expat Medical Centre** in Amsterdam & Amstelveen.



DEN HAAG

HMC Westeinde: 088 979 7900
Haga Lelyweg: 070 210 0000



HAARLEM

Spaarne Zuid: 023 224 2526
Spaarne Hoofddorp: 023 224 2322



UTRECHT

Diaconessenhuis: 088 250 5000
St. Antonius: 088 320 33 00



EINDHOVEN

Catherina Ziekenhuis: 040 239 9111

ER/A&E Urgent Care =
Spoed Eisende Hulp or SEH

Emergency but not life threatening?
Call your GP or when closed, your
local urgent care at the hospital.



DENTAL EMERGENCIES

Same day emergency dental care
can be found at several centres in
the NL with English speaking providers.



Dentist365 (nationwide):
+31 (0)20 555 8282



EMBASSY CONTACTS

Scan here for contact information for
every embassy and consulate in the
Netherlands.



Orange
Compass

Navigation Portal - Guided Check-Ins
Webinars - In-Company Solutions

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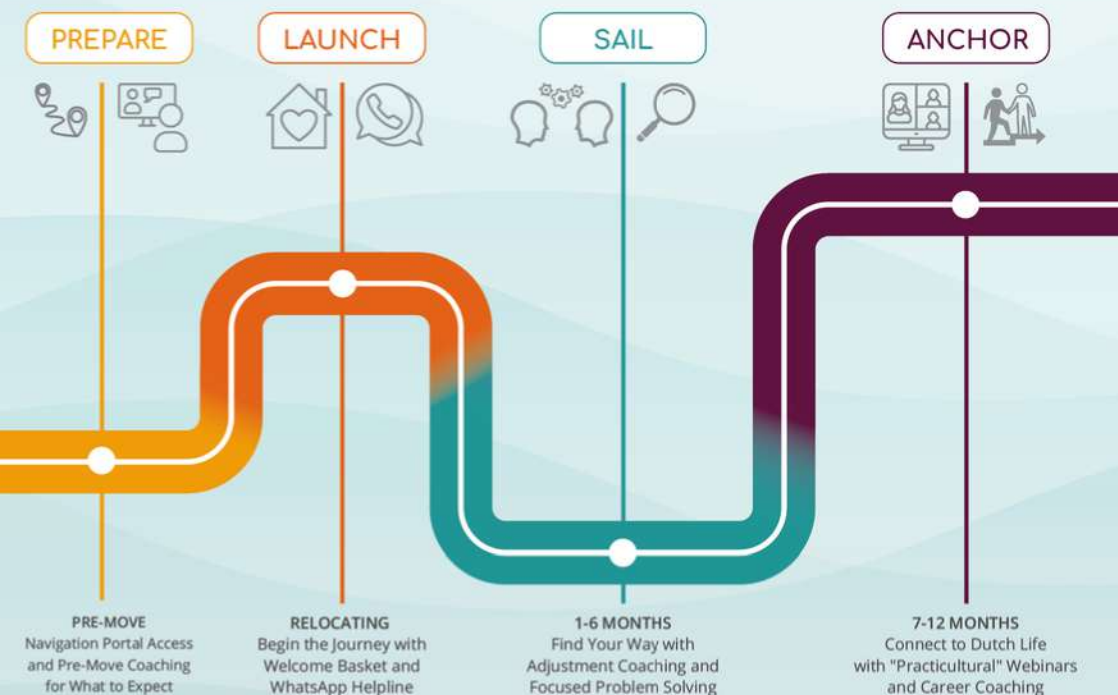
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Feeling at home is a journey...

Our Guided Check-Ins make it easier for partners and families to settle in and rebuild their lives in The Netherlands. This ongoing, “practicultural” support builds confidence, competency, and connection through personal guidance from our “Expatriate+Local” perspective.



Interested? Show your company
how to support your social relocation.

Did you know? The #1 reported reason for early termination or failure of expat employee posts is difficulty in the family's adjustment.*

* Journal of Management Psychology, 2022

Cheat Sheet

CYCLING & TRAFFIC SIGNS IN THE NL



streets you MAY enter cycling



Cycle path (mandatory)



Path for cycles and mopeds (mandatory)



fietspad
Cycle path (optional)



Home zone



One way street



Pedestrian Zone, cycling permitted



uitgezonderd
No Entry, except cycles & mopeds



uitgezonderd
No Entry, except bicycles



No Entry, only for motorised traffic



No Entry for motor vehicles (cycling permitted)



No Entry for mopeds / scooters (cycling permitted)



No Entry for pedestrians (cycling permitted)



No Entry for motor vehicles (cycling permitted)

streets you may NOT enter cycling



Motorway (Freeway)



Road only for motorised traffic



Path only for pedestrians



No Entry (one way street)



Closed to all vehicles (both directions)



Closed to bicycles



Closed to mopeds & cycles



Closed to agricultural vehicles, mopeds and bicycles

priority indicators (right-of-way)



Junction: traffic from the right has priority



Priority over traffic from left side street



Priority over traffic from right side street



Priority over traffic from both side streets

NL

UK

USA

AUS



NL

UK

USA

AUS

